



## All the good men are not taken – AB

Podcast episode #15. Audio Blog: All the Good Men Are Not Taken! I can prove it!

[Pause for intro with music]

**Synopsis: This is one of my most popular blog articles, lots of women said they felt inspired by it. Do you think that all good men are taken? Well, let me tell you, they're not! I'd love to hear what you get from it. Enjoy.**

This is one of my most popular blog articles, lots of women said they felt inspired by it. I'd love to hear what you get from it. Enjoy.

When I was single, I remember those days of **wondering when the heck was I gonna find my man?** I was so SICK and TIRED of being alone. I hated the feeling of those lonely Saturday nights by myself (and Friday nights, and Sunday nights... and...) I had so many doubts that I'd **ever** find a good man at all and I had fears of being alone **forever**. That maybe, by some weird freak of nature, I was "meant" to be alone. Can you relate?

One night, after a particularly painful breakup, I took stock of my life and how it was going and I made a decision. **I made the decision that I needed help around relationships, because I certainly wasn't doing so well at it on my own!** I committed to doing whatever it took to find the right man for me. And from that decision, that deep level of introspection that came from taking stock of my life, I attracted new information, and most importantly some support - a love mentor – love coach.

With her help, I started to lead what Socrates called, “the examined life”. I started to learn more about myself and what makes me tick, and how I create the circumstances in my life. With her help, **I started to learn that the way I was looking at the world (and men) was creating the circumstances of my love life.** I took workshops and courses, read books and became a student of love and relationships.

It wasn't some magic fairy dust that my love coach sprinkled on me. I was soooooo COMMITTED to changing my life, I didn't fight her. I didn't argue for my limitations with her (well, maybe I did... but not that much). I simply DID WHAT SHE SAID TO DO. Because I wanted the result so badly. And you know what? It freaking worked. In just two short years, I had met Johnny and we fell in love and yes, the rest is beautiful history.

One of the key learnings I got in this investment of myself was:



THERE ARE PLENTY OF GOOD MEN OUT THERE. But also that I didn't need to worry about **where** are ALL of those good men... but focus instead on BEING a woman who could attract ONE of those good men. The truth is, there's an ABUNDANCE of good men! But you're not looking for LOTS AND LOTS of them! You're only looking for ONE. **This is a very important distinction to make in your mind.**

You see, it gets overwhelming when you worry about "where are all the good men gathered?" That's too much pressure to put on yourself and that is coming from a scarcity mind-set. You want to start thinking abundantly. God, spirit, the Universe is abundant! You only want to find ONE man who's a match for you! And I promise you, there's at least one... probably more than one. But your job is simply to find one of 'em.

Johnny and I created a now very popular video series, **and it's available free for a limited time, it's called "Men of Quality DO Exist"**, and in that teaching series we PROVE that there are plenty of good men, and also what they're thinking and how they REALLY feel about meeting a conscious and powerful woman like you.

**Just GO TO: [WWW.MENOFQUALITYDOEXIST.COM](http://WWW.MENOFQUALITYDOEXIST.COM) to find out more about the Men of Quality 4 part video series and to sign up to receive them in your email inbox. Totally Free.**

Until next time... BE the love you wish to find.

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