



Attracting Emotionally Unavailable Men QA

PODCAST EPISODE #3: Q&A. EMOTIONALLY UNAVAILABLE MEN

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We have different types of episodes here on our Single to Soulmate Podcast, and today will be our first of this particular type- today it's our Q&A episode- that means I'll be reading a question previously submitted and answering it. right now I'm **reading** questions people have emailed in because we've just started the podcast, but we'd really like to hear you - your voice - ask your question, so at the end I'll tell you how you can easily ask your question - about men, love, dating, attracting your soulmate, anything to do with your going from single to soulmate- and I'll be happy to replay your actual question then my answer to it here on our Q&A episode. :-)

Q:
QUESTION SUBMITTED ANONYMOUSLY

Hi, I seem to have a pattern of meeting emotionally unavailable and disrespectful men, do you think I am unavailable to myself and disrespectful to myself, or am I holding some type of energetic pattern and practice, or even programming within myself or both?

A: Your awareness of your pattern being at the core is an excellent awareness. Now let's get about reprogramming those old patterns, which comes from old programming. and since the programming didn't happen overnight, the reprogramming to what you want it to be won't happen overnight either, too many people think that they can snap their fingers and undo years, decades of programming and unhealthy practices, and that's just not real life...but step by step we can definitely help you get there, we've done it for ourselves, we've helped others through it, and you are on the path now...the key is to not get off the path and don't give up.

You see, if you keep attracting emotionally unavailable men, on some level, YOU are unavailable. Now of course it's not conscious, but it sounds like you are bringing this to your awareness, which is quite empowering and can be life changing. And you asked about whether or not you're holding some sort of pattern AND PRACTICE OF UNAVAILABILITY within yourself. It's likely, and the way you can tell is looking at your results, and it sounds like you have-which is what brought you to bring this up. If you have been really wanting to find soulmate love for a while now, and you've been looking and looking for love, and nobody's "clicked"... at least, not for long, then, yes, there's a pattern there. And most likely, that pattern/mindset/belief is in your blind spot. That's why getting support from a love mentor who's been there, who actually has consciously and intentionally attracted love themselves is so important.



So, let me go back to what i said moment ago-most likely you are unavailable. And so you might be thinking, you person who submitted the question and you the listener - you might be thinking **unavailable to what?** Unavailable to your GREAT life, GREAT love, unavailable for different and better...unavailable for CHANGE. Change is scary, yet change is what we want, right?

What I suggest is that you look for ways to commit, look for ways to demonstrate to yourself and the universe that you are VERY available for GREAT love, but not just available, but that you are committed to love, committed to CHANGE and to allowing yourself to stop depriving yourself of good experiences in life. That's more than available, its more than interested...**committed** is deeper - it's what you want to find in your man, right? Not just a guy who is *available* to you, and not even just *interested* in you - although that's important and things start there - but ultimately you want to be with a man who is **committed** to you, right? I'm going to guess the answer is a big, resounding YES. So, you commit to you now. Commit to GREAT love in the upcoming year, before the next New Year, before your 30th birthday, or 40th birthday or whatever marker you want to use.

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Thanks for listening, hope that was helpful, and i look forward to answering YOUR question on the next Q&A episode of the single to soulmate podcast.

[OUTRO MUSIC + VOICEOVER]

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