



The #1 Thing I wish I'd known when looking for my soul mate

Podcast Episode # 22 : The #1 thing I wish I'd known when looking for my soulmate

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Synopsis:

I've been reflecting lately on things I'd wish I'd known on my journey to Johnny. In today's podcast, I'm gonna share with you the #1 thing on that list. My hope is that what I share will bring you renewed hope and inspiration to keep going toward love. It's a personal growth journey that's SO WORTH IT!

Welcome to another Audio Blog episode of the Single to Soulmate podcast. I've been reflecting lately on things I'd wish I'd known on my journey to Johnny. In today's podcast, I'm gonna share with you the #1 thing on that list. My hope is that what I share will bring you renewed hope and inspiration for you to keep going toward love. It's a personal growth journey and it's SO WORTH IT!

Here's we go---The #1 thing I wish I'd known when looking for my soulmate



Single To Soulmate with Johnny & Lara Fernandez

When I was single and looking for love in my 20's, I originally thought "looking for love" meant going to parties, networking opportunities, and even bars and hoping, praying, and wishing and simply keeping my eyes open for the One. I also thought that what mattered most was that I be thin and pretty. But it turned out that strategy simply didn't work. Oh, I got dates, I even had some decent relationships. Heck, I even got married with that approach, that mindset... (but that's a whole another podcast episode on that). But when I was looking for my soulmate, my husband... no, it just wasn't working. Wasn't happening. So eventually I decided to get serious and found my love coach and totally committed to the inner work to attract my guy.

But one thing I didn't count on... and that many love advice columns don't want to tell you... is this, the #1 Truth about finding your soulmate:

It will take longer than you want it to, and longer than you think.

Breathe.... this may not be what you WANT to hear, but you need to hear it.

While you are taking your deep breaths, here's a thought to contemplate:

"Finding your soulmate isn't like finding your keys. It's a mindset. A series of life-affirming decisions. A powerful vibration. It's a way of committing to YOURSELF in your lifetime—consistently making subtle, yet spectacular choices that allow the floodgates of joy to open into your life."

Okay, I just quoted myself there, but it's true.

And to follow up on that brilliant quote by yours truly, finding the love of your life also isn't like you get to just decide you're committed to finding him and WHAM! He's there. It's not like you want to buy a can of soup and you just go to the supermarket and pick it up off the shelf. You're dealing with another human being here, and also with a little thing I call "Divine Right Timing"... aka God's timing. But that doesn't mean you just get to sit on your bee-hind and do nothing, oh no, darling. You can't get something for nothing. There's always a price to pay of some sort.

Too often, because women think "Oh, once I'm ready to get serious it'll just happen, wham, like that." They delay, put it off, they want to have family but they put it off, then wake up at 38, 39, or 40 and realize, OMG, I don't know HOW to be serious about this and I don't know HOW to attract my soulmate, my husband, I only know how to get dates, or boyfriends. We've worked with women in their mid-twenties to as old as 76, and the women past 40 or 50 always say _ I wish I didn't wait so long to get serious about this. And by the way, that 76 year old was one of the most dedicated clients we ever had and she found her soulmate in 6 months working with us, she inspired the younger women!



So...yes, again., it'll take longer than you want it to and longer than you think, but it'll take even LONGER if you don't take the whole thing MUCH more seriously TODAY and you put it off longer, keeping on doing the same stuff you've been doing that hasn't been working for years.

And on that note, I feel moved to share a BONUS mental shift that I wish I'd known earlier on my path to soulmate love:

Things don't really change until YOU change.

In order for me to REALLY be ready for the love I'd always dreamed of, I had to make some internal changes to be able to even recognize my man when he showed up. Before I did the internal work with my love coach, I kept attracting the same type of man, you know what I'm talking about, the "NOT-THE-RIGHT-ONE-FOR-ME" type! But once I started with the work, I noticed that I was attracting more better and better quality men and relationships... until Johnny showed up and it was clear he was the one for me pretty quickly. But **I had to change my beliefs about men, myself, and relationships**, and doing that was the game-changer for me... and is the game-changer for all of our successful clients.

Oh, and I don't know when you'll be listening to this, but once a year for a few weeks in February we offer a totally free mini-course designed to help you shift your internal beliefs about men, relationships, and yourself. You can sign up to get those free videos at www.menofqualitydoexist.com

So there you go. What are your thoughts on this? Any new awareness's that you'd care to share? What can YOU do to become more at peace about your soulmate journey and to shift your thinking about attracting your soulmate?

"Manifesting Soulmate Love can only be done when your life reflects your highest intentions for yourself. It's living a lifestyle for yourself that shows the Universe/God/Higher Power that you value yourself (what we call FIERCE LOVE) and want more for yourself than just an ordinary life."

That's another quote by...yours truly.

Okay, so that wraps up this podcast, on the #1 thing I wish I'd known when looking for my soulmate. So, how can you apply this to YOUR LIFE now? I'd love to hear about it. You can leave comments, and get show notes and a full transcript at singletosoulmate.com/22 **that's** singletosoulmate.com - forward slash, then just the number 2-2. **And** Johnny and I do our best to respond to every comment.



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To send feedback or ask us a question for the podcast you can email us at hello@singletosoulmate.com

Looking forward to reading your comments and connecting with you on the next episode.

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