



Divergent – Are you the heroine of your life story – AB

Podcast Episode #19 . Divergent - ARE YOU THE HEROINE OF YOUR LIFE STORY? - Audio Blog

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Synopsis:

The very popular Divergent book and movie series reminds us that WE want to be the heroine of our own lives. How to do that? I offer some suggestions in this Audio Blog episode. Enjoy.

Welcome to another Audio Blog episode of the Single to Soulmate podcast. if you love movies, you'll love this audio blog version of

a fun article that people really responded to on my blog.

Here's we go---Divergent- ARE YOU THE HEROINE OF YOUR LIFE STORY?



We loved the hit movie Divergent. Have you heard of it? It's awesome! It's based on the first book of a three part series. Isabelle (our 13 year old daughter) and I have read the books already and Johnny just started the first of the series, because he loved the movie so much!

It's a young-adult dystopian novel set in post-apocalyptic Chicago and it's about a young woman, Tris Prior, who learns to step into her power and practice courage and bravery at every stage of the revolution that she eventually leads. It's truly awesome to behold as she decides to step up in spite of her fears, doubts, and worries... and really inspiring to me.

When I think of intentionally finding soulmate love, I think of the COURAGE it takes to keep moving forward, in spite of the pain of heartbreak, disappointment, doubts, fears and worries. The **bravery** to move past feelings of low self worth and to step UP toward what you truly want. It's not easy (if it was, everybody would consciously and intentionally attract their soulmate), and it definitely takes being willing to be uncomfortable.

In our **Love Breakthrough Weekend**, which is a once-a-year transformational live workshop that Johnny and I developed and deliver together, we see women who have truly decided it's time to STEP UP and move past any doubt or shame about needing support in this area of their lives. They've tried everything they know to do on their own to find their Mr. Right... but it just hasn't worked.

What many women don't know is that, like Tris in Divergent, there are BLOCKS to getting what you want, some real, some not real, most of them unconscious (yes, some of them you may be aware of, but most of them you're not). And like every heroine's journey, those obstacles are there to help you learn something about yourself... and others. They are there for you to GROW past them (or over them, or through them).

But overcoming and moving past those blocks requires COURAGE. Courage to say, "I don't have all the answers, and I'm willing to FIND those answers".



It takes bravery to make a bold step once again now toward what you REALLY want. I mean, look at that Love Breakthrough Weekend I just mentioned, Women from all over the US and literally all over the world... get bold and drive or fly, sometimes for 20 hour flights - to attend this weekend here in California. Now, traveling for half a day to learn how to get what you SAY you want? Wow, that's BOLD. And it's the winner's attitude. It's also the kind of energy it takes to get what you want. Tony Robbins calls that MASSIVE ACTION... and it changes the course of people's lives when they actually DO it.

Real Life Boldness also often means getting SUPPORT from someone who's been where you are right now, and who has already arrived at the destination you want to go, who can help you find those answers you seek.

And then, just like our heroine, Tris, it requires TAKING ACTION when the way to what you want is shown to you. It may not be easy, or even comfortable, but being bold takes you places, and helps you create a future that you just cannot reach from where you are now.

So, how can you practice your courage today? Where can you get support on your soulmate journey? And how are you taking action toward your dreams of true love?

At the end of your life, you won't regret the things you did, whether they worked out exactly how you wanted or not, but what you'll definitely regret is the things you wanted to do, but just didn't have the courage to be bold about and go for it. You Don't want to live a life of regret. To go from single to soulmate definitely takes courage. **Whatever** you have desire for-go for it. Tris is an inspiration, women who have healthy, committed, forever relationships can be inspiration, but find your inspiration...and then BE an inspiration.

I'd love to hear what inspires YOU, you can leave your comments about today's episode at singletosoulmate.com/19

Oh, and if you have questions about men, love, life, relationships that you'd like Johnny to answer here on the podcast, just go to singletosoulmate.com/questions and you'll be brought to our website where there's a grey tab on the side that says



“Leave a Question for podcast” and you can easily record your question right there. or...you can email your question in to hello@singletosoulmate.com that’s

h-e-l-l-o@singletosoulmate.com

Until next time, be bold and courageous, and be an inspiration!

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